

How to Use Rabbit Vibrators

By Cory Silverberg - Sexuality Expert



[Rabbit vibrators](#) describe a style of dual action vibrator designed for simultaneous vaginal penetration and clitoral stimulation. Rabbit vibrators can differ widely in terms of quality, size, and function.

What makes most rabbit vibrators unique, and it's one of the things people love about them, are the **rotating beads** in the shaft of the toy. Below are some **tips** on how to play with rabbit vibrators taking into account the basic functions most rabbit vibrators share.

Difficulty: N/A

Time Required: Make sure you've got time and privacy the first time you try your rabbit vibrator.

Here's How:

1. Prep your bunny.

Take your rabbit vibrator out of the package, put fresh batteries in and make sure it works properly.

Once you've done that, wash the vibrator well before first use, taking care not to get water near the battery compartment or any openings where wires may be coming out.

Always let your vibrator **air dry** before putting it away in a drawer or bag.

2. Use lube.

Apply a good quality personal lubricant to the shaft and rabbit part of the vibrator. Thicker lubricants are easier to use with sex toys as they stay put.

The safest choice is a [water based lubricant](#). Silicone lubricants can damage silicone toys, so only use one if you're sure your rabbit vibrator is not made of silicone (most aren't).

3. *Try it out on your own first.*

If you want to use your rabbit vibrator with a partner it's still a good idea to try it out first **on your own**.

Being alone lets you **focus** more on your own response and worry less about a partner. It also lets you figure out what you like so you can tell them if they want to use it on you.

4. *Work from the outside in.*

Most people need to **warm themselves** up a bit before diving into penetration and you can start by turning on the rabbit motor first and seeing how that feels when pressed against your body **externally**.

Notice how the body of the rabbit vibrates differently than **the ears** and how the different vibrations produce different sensations in you.

5. *Ease into it or surprise yourself.*

There's **no right way** to use rabbit vibrators the first time. Some people like to insert the shaft without having the rotation on, using it as a dildo and getting comfortable and aroused with penetration without vibration.

Once the vibrator is inserted comfortably you can turn on the rotation. Other people prefer to start with the rotation on slow and tease themselves as they begin penetration. Either way, starting with the switch at the **lowest setting** and working up is probably a good idea.

Remember to apply **more lube** if the toy gets dry.

6. *Get a grip.*

You'll notice that if you don't hold the base of the vibrator while it's inserted all that happens is that the part outside of your body twirls.

This is something most sales clerks don't point out; rabbit vibrators aren't great for lazy sex toy users. To get the most of the rotation option you need to keep a relatively **firm grasp** on the toy at all times.

7. *Moving your hand, not the vibrator.*

Because rabbit vibrators move so much on their own, you can significantly change how stimulation feels simply by **adjusting the angle** that you're holding the vibrator at in relation to your body. This will change where the shaft presses most inside the vagina. Some women have certain areas inside the vagina that are **more pleasurable** than others, and rabbit vibrators can be great to explore these areas.

8. *Anal stimulation.*

Rabbit vibrators are designed for **vaginal penetration** and in almost all cases aren't effective for anal penetration at all. But you can use your rabbit vibrator for **external** stimulation of the anus and perineum.

Depending on the flexibility and size of the rabbit you may be able to **rotate** the rabbit away from your **clitoris** so that it's between your butt cheeks, and once turned on it will be pressing against the perineum and may reach the anus.

If you want to use your rabbit vibrator like this just be sure to **wash it very well** before using it the other way. Best is to use a toy cleaner – Try [Eva](#)

Read our article on how to clean your toys.